



www.stmichaelsdunedoo.catholic.edu.au

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Welcome to Term 4 Week 3

28th October, 2019

Our Catholic Value for this Term is Patience.

SOCIAL JUSTICE *continuation of steps*

MAKING IT REAL

GENUINE HUMAN ENCOUNTER IN OUR DIGITAL WORLD

SOCIAL JUSTICE STATEMENT 2019-20



TEN STEPS TOWARDS GENUINE HUMAN ENCOUNTER IN OUR DIGITAL WORLD

2. BE PRESENT TO OTHERS IN THE REAL AND VIRTUAL WORLDS

The speed and brevity of communication on social media platforms can be open to misinterpretation and a superficiality that makes others feel that they have not been truly heard or accepted. Similarly, excessive time spent on social media can deprive families and friends of your 'real' presence in their lives.

- ◆ Limit the time you spend on devices.
- ◆ Take a 'digital detox' for your health and wellbeing. Times of abstinence and reflection fit well with the Seasons of Lent and Advent.
- ◆ Establish device free times in your household, for example at meal times.

3. TAKE CARE OF YOURSELF AND OTHERS

Unfortunately, cyberbullying, trolling and the objectifications of others is not an uncommon experience. We cannot stand by when another is denigrated or threatened.

- ◆ Call out bad behaviour and stand by the victim. This can require diplomacy. Be mindful that sometimes abusive behaviour is so irrational and unrelenting, the best option is to disengage.
- ◆ Discuss experiences of cyberbullying with your family, friends or school.
- ◆ Report abuse and access helpful information from the eSafety Commissioner:
- ◆ <http://www.esafety.gov.au/>

EACH WEEK WE WILL PRINT FURTHER STEPS AS PROVIDED BY THE AUSTRALIA CATHOLIC SOCIAL JUSTICE COUNCIL

We respect and embrace the Wiradjuri people of this region as the traditional custodians and cultural knowledge holders of this land.

IMPORTANT DATES

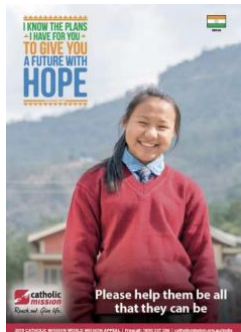
Term 4

6th December
End of Year Mass & Family Night 6pm

10th & 11th December
Sydney Excursion

Please mark on your calendar

4th November
P & F Meeting 7pm



Mission Activity: Next we will be holding our annual Catholic Mission money trail. This year the SRC have decided to place our coins around the letters MISSION. The money raised will go to supporting the Eden Gardens Children's Home in Nagaland, north-eastern India. The goal of Father Rajesh Lobo, who runs the home, is to give the children opportunities to fulfil their Dreams

During this time of drought I am also very conscious that there is very little spare money around. I just ask that you encourage your children to be part of this activity to the best of their ability. Every little bit helps. If the only thing you can manage at this time is to pray for the people of Nagaland and the missionaries working there.

Testing: On Monday the children from Years 2-6 will complete the PAT Comprehension Test & on Tuesday they will complete the PAT Maths Test. Please ensure your child is at school as all children need to complete them. Next week all children from Kinder to Year 6 will complete the DIBELS Test. All three tests give us a good indication as to how your child is progressing in relations to other children in the same years across the Diocese.

Diocesan Parent Newsletter: Please see the link below. We feature in a couple of articles in the Newsletter. There is other helpful and interesting information throughout the Newsletter.

<https://bthcathed.schoolzineplus.com/newsletter/61693>

School Fees & Bursary Program: Going home with the Newsletter today is the 2020 School Fee schedule. I am happy to say that there is no increase for 2020. The Canberra Excursion is an additional amount for Years 5 & 6.

You may have noticed last week on our Facebook page that the Diocese has set up a Bursary Program. If you would like more information or would like to apply for one please **contact me this week** and I will be able to set you in the right direction.

Wizard of Oz: On Tuesday we will travel to Coolah for Sacred Heart's Wizard of Oz Matinee. We will leave school at 10.45 & return in time for buses. They need Morning Tea, lunch & water bottle.

NAIDOC Excursion: This will take place this Friday. The bus will leave school at 8.50 am and return in time for buses. Please ensure your child has morning tea, plenty of water, sunscreen and school hat.

Have a great week & term.

An Margaret Flood.

Inspired by the example set by St Mary MacKillop and Julian Tenison Woods, St Michael's Catholic School aims to foster a love of learning, allowing all children to reach their full potential through a supportive partnership of school, parents and parish.

This Week

28th Oct - 1st Nov
Mission Week Money Trail.

29th Oct
Wizard of Oz-Coolah

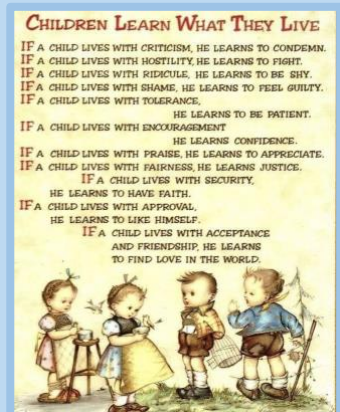
31st October
St Matt's Netball

1st November
NAIDOC Excursion

Next Week Week 4

4th November
P & F Mtg
7th & 8th November
Principal Mtg

THOUGHT OF THE WEEK



Speak Out: Congratulations to all students for their efforts with SPEAK OUT. Our judge, Mrs Angela O'Callaghan was very impressed with our students' confidence and speaking skills. She also congratulated our Year 6 students on their manners and their welcoming as she came into our school. It was very pleasing to see the growth in confidence in all our students and many delighted us, and surprised us, with their speeches. Well done to all. Callaghan judged our Year 5's as the outstanding class of the competition.

Book Fair: Thank you to those parents, grandparents and friends who came to our Book Fair and supported us by buying books. Our school benefits from these sales and we sold over \$1000 worth of books. This allows us to receive many books for our library. Thank you and hope that much reading is done in the next few weeks.

JUNIOR JOEYS: Our Junior Joeys will be running a Christmas Stall at the next markets to raise more funds for Drought Aid.

A working bee to make Christmas items for the stall will be held this Sunday after Mass, joining with the Josephite Associates. Junior Joeys will be needed to help make the items as well as serve on the stall on the 9th November. Please let Mrs Foran know of your intention to come to the working bee this Sunday.

Thank you to those students and parents who have helped collect recyclable bottles and cans. Our total already raised is \$97.00.

Netball Gala Day: A reminder that all girls are to be at Glen Willow Netball Courts (We are usually set up with tents near the playground) by 8:45 on Thursday Morning. Mrs Brennan will meet you there on the day. Girls **MUST** bring plenty of sunscreen and water as there is minimal cover at the courts. **School hats** are compulsory! You may wear a visor on the court if you have one, but school hat must be worn at all other times.

There are a number of girls who have **NOT** paid their \$2 entry fee. Please send in ASAP.

The day will conclude at 2.30pm. Please remember it is a jam packed schedule so it is better to have packed food and keep the canteen as a treat. Looking forward to a great day!

Hay Fever: Particularly in these windy and dusty conditions, many of the children are displaying hay fever symptoms that cause them to be quite miserable at school. Hay fever cannot be cured, but there are a number of ways you can improve the symptoms and give your child some relief. Please discuss with your doctor or pharmacist.

Signs and symptoms of hay fever

If your child has hay fever, they may have:

- frequent bouts of sneezing
- a runny nose
- blocked nose (either one or both nostrils)
- itchy ears, nose, throat and roof of the mouth
- red, itchy, swollen and/or watery eyes
- headaches.

If hay fever is left untreated it can lead to poor quality sleep, tiredness and daytime sleepiness. In some cases, hay fever can also:

- make asthma more difficult to control
- increase the chance of sinus infections

AUSSIE OF THE WEEK

Harry Beer



Congratulations Harry!

What an amazing young gentleman!

He displays excellent manners and is always willing to help others even when he needs to stop playing his favourite game.

He is patient with the younger students when it comes to sharing the top oval with them & he takes the time to explain the rules of the game.

Thank you for sharing your skills with us all, Harry.



MERIT AWARDS

Years K/1/2:

Mia Coe
Mitch Inder

Years 3/4:

Abi Whitten
Jack Wentworth Brown

Years 5/6:

Dezie Spargo
Kurt Inder
Oliver Gaden

- affect your child's learning and performance
 - lead to bad breath, a husky voice and/or a sore throat
 - cause more frequent eye infections because children rub itchy eyes.
- This may just help your child during this time. Many thanks

COMMUNITY NEWS:



Presentation for 2019 season to be held on:

Sunday 1st December 2019

3pm at the Sports Club

An AGM will be held prior to the presentation at 2.30pm

Committee Positions will need to be filled at the AGM. Currently we have the following vacancies. (Please note that all filled positions have only been accepted on the proviso that we have a complete committee, including a President)

President – VACANT, **Senior Vice President** – VACANT, **Junior Vice President** – VACANT, **Netball Coordinator** – VACANT, **Canteen Coordinator** – VACANT, **Publicity Officer** – VACANT, **Treasurer**: Sam Wentworth Brown, **Public Officer**: Sam Wentworth Brown, **BBQ Coordinator**: Dale Hogden, **Secretary**: Emma Andrews, **Football Coordinator**: Warren Hogden.

If there are no committee members we cannot run the 2020 season. Please consider helping to ensure that Junior Rugby League and Netball continue for our town. We had over 100 children registered to play last year, if you are a parent of one of these children and want to see us continue please put your hand up for a vacancy. It is a relatively small commitment in terms of your time, but a huge boost for our kids and our community.



DUNEDOO COOLAH LANDCARE

EXPRESSIONS OF INTEREST- PILOT PROGRAM FOR DUNEDOO AND DISTRICT KIDS AGED 8-18yrs STARTING Late FEBRUARY 2020.

Dunedoo Coolah Landcare is pleased to announce that it has become 'ACTIVE KIDS PROVIDER'. The Active Kids program provides two \$100 vouchers for parents, guardians and carers of school-enrolled children to use towards sport and active recreation costs each year.

Junior Active Leader Landcare Program – Keep Active and Learn About Our Environment- 'YOU CAN MAKE A DIFFERENCE!'

Our 8 week Junior Program (8-12yrs (primary) and 13-18yrs (secondary)- boys and girls) will include a 3-4 week MyGolf program and encompass a combination of physical activities with exploration and discovery of our native birds, fauna, flora, aboriginal culture and astronomy through Bushwalking, Orienteering and Overnight camping in surrounding Reserves/NPs. Program will be lead and facilitated by passionate Landcare members. Sessions will run for 60-90 minutes one day a week after school + overnight camp. **8 Week Program Cost- \$100 (Active Kids Rebate) - includes, activities, all equipment, transport to Reserves and National Park, food for overnight camp + Landcare M/Ship OR, \$10 per session/\$30 overnight camping (without rebate).** To Register your interest in the program and for further information contact- Dunedoo Coolah Landcare Junior Activity Officer-Sharon Nott 0428859509/ nottsharon@hotmail.com. Program activities will be finalised once we gain an indication of numbers. Primary and Secondary Program will only run if numbers permit. Names in by 13/12/2019

PARISH NEWS

WEEKEND MASS TIMES:

Coolah: Saturday 6pm

Mendooran: 2nd & 4th 8am

Elong Elong: 1st, 3rd, 5th 8am

Ballimore: 2nd & 4th 8am

Dunedoo: Sunday 10am

Welcomers:

Sunday 2nd November –

K Inder

Sunday 10th November –

I & C Baker

Sunday 24th November –

H Armstrong

Altar Servers:

Sunday 10th November –

I & C Baker

Sunday 17th November –

L Frampton & F Hogden

Sunday 24th November –

N James & D Spargo

Sacristan:

Sunday 3rd November –

E Wentworth Brown

Sunday 17th November –

X Turnbull

Collection

Sunday 3rd November –

G Coe

Sunday 24th November –

I & C Baker

DID YOU KNOW?

Monday 4th

November

P & F

Meeting

7pm.

Everyone

welcome.