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Welcome to Term 3 Week 7

2nd September, 2019

Our Catholic Value for this Term is Forgiveness.

Merciful God,

Bring healing to all members of the Australian community, both Aboriginal and Torres Strait Islander and Non-Indigenous, who have suffered as a result of the sinful and criminal actions of others - whether sexual abuse itself or the failure to act on reports of sexual abuse. We ask that you bring healing to the lives of victims and survivors and their loved ones, many of whom have been silenced or ignored. May their experience of betrayal and neglect be healed by your unending love and may we genuinely support this mission of healing through our nurturing of and care for those whose suffering continues to this day.

We ask that the Church will take the necessary steps to right the wrongs of the past and to instil a culture that will no longer tolerate the abuse of innocent children and vulnerable adults.

May we stand in solidarity with victims and survivors. We strive for an Australian community that is reconciled with you, the Church, and with one another. May we work together for a shared future.

We make this prayer in Jesus' name. Amen.

Our Prayers & sympathy is extended to the Horton family on the passing of Tim's mother earlier last week. She is the mother-in-law of Meeghan, grandmother of Cooper Year 5, Bailey Year 3 & Marley Kinder. May she rest in peace.

Sacrament of Confirmation: We pray for Annabelle Brennan, Dezie Spargo & Alexandra Nassar being confirmed on Sunday 8th September. We continue to remember them & their families during this final week of preparation.

Many thanks for your response requesting assistance with the morning tea as well as your child's involvement. It is very much appreciated. I will send home a list of jobs which to be done on the day. Many thanks.

We respect and embrace the Wiradjuri people of this region as the traditional custodians and cultural knowledge holders of this land.

IMPORTANT DATES

Term 3

20th Sept
Mates Day

27th Sept
Last day of
Term 3

NEW

Term 4
14th October
Pupil Free Day

*Please mark on
your calendar*

Sacrament of Reconciliation: We also remember Georgia Coe, Siennah Pettet & their families as they prepare to receive the Sacrament of Reconciliation on Thursday 19th September.

Enrolments for 2020: We are taking enrolments for 2020. If you know of anyone wishing to enrol please let them know that enrolments are being taken for all classes Kinder - Year 6.

P & F Meeting: This will be held this evening, 2nd September at 7pm in the Staff Room. Following the meeting there will be more information regarding Mates Day. Please mark the **20th September** on your calendar.

Charlie & Chocolate Factory: A huge thank you to the staff for all their hard work and extra grey hair in preparing the children for Charlie & The Chocolate Factory. Thank you for your support in organising costumes and getting them here on time for the evening performance. Your support was very much appreciated. I do hope you enjoy every moment. They did an outstanding job.

Mendooran Junior Judging: Junior Judging will be held on Tuesday 10th September. The students will travel to Mendooran with their parents. There will not be a staff member attending so your child is under your care for the day. I am sure they will have a great day.

Dio Athletics Carnival: Congratulations to our students who competed at the Diocesan Athletics Carnival in Dubbo last week. Our PP5 relay team of Mads Gaden, Toby Turnbull, Toby Deutscher and Harry Beer came a terrific third in the relay final. Matilda Obst competed in the 11yrs Girls High Jump and jumped a very creditable 115cm. Mads Gaden came second in the 800m and will represent the Bathurst Diocese in October in Sydney as part of the Polding team. Congratulations to all! Good luck Mads.

Christmas Art: Our very enthusiastic 10 students who entered the Christmas Art competition will be travelling to St Joseph's School, Molong on Wednesday to attend the opening of the Christmas Art Exhibition. We eagerly await the results and hope that some of our artworks will be winners. Thanks you to Mrs Foran and Mrs Berry who will be transporting our students.

Have a great week.

A Margaret Hood.

Sr Margaret

Inspired by the example set by St Mary MacKillop and Julian Tenison Woods, St Michael's Catholic School aims to foster a love of learning, allowing all children to reach their full potential through a supportive partnership of school, parents and parish.

This Week

2nd Sept

P & F Mtg 7pm

3rd Sept

Entrance Test St

John's College

ICAS Science

4th Sept

Christmas Art launch

5th Sept

Kahkama Mass

Next Week

10th Sept

ICAS Writing

Mendooran Junior

Judging

11th Sept

ICAS Spelling

THOUGHT OF THE WEEK

Find happiness in making others happy.

~ Mary MacKillop



JOHN MARSDEN'S TIPS FOR PARENTS:

1. Be an adult. Say no to your children at least once a day. If the role of Adult in your family is vacant, then one of your children will fill it. And it won't be pretty.
2. Don't take up all the space. If you are dominating, loud, forceful, your children are highly likely to become passive, lacking spirit and personality ... and/or sullen.
3. Believe about 40 per cent of the dramatic stories your children tell you of the injustices, corruption and satanic practices happening at school.
4. Teach them empathy. For example, after their jubilant victory celebrations when they win a sporting match, remind them that their jubilation was only possible because someone else – the losers – have been made to feel awful.



Aussie of the Week



Congratulations Dezie!

Dezie continuously shows herself to be a mature and reliable young lady who always gives 110% Dezie was extremely helpful during the play helping the teachers organise props and assisting in any way possible. Dezie cares for all her St Michaels friends. We are very lucky to have her as a leader in our school.



MERIT AWARDS

Years K/1/2:

Marley Horton
Georgie Berry

Years 3/4:

Georgia Coe
Bailey Horton
Stephanie Whitten

Years 5/6:

Sienna Miller
Ellie Wentworth Brown
Cooper Horton



PARISH NEWS

WEEKEND MASS TIMES:

Coolah: Saturday 6pm
Mendooran: 2nd & 4th 8am
Elong Elong: 1st, 3rd, 5th
 8am
Ballimore: 2nd & 4th 8am
Dunedoo: Sunday 10am

Readers:

Sunday 8th September –
 A Brennan

Welcomer

Sunday 29th September –
 K Inder

COMMUNITY NEWS:

 **Cancer Council**
 Healthy Lunch Box

Nutrition Snippet

The simplest way

... to make baked veggie chips

Serves: 4 | Prep time: 15 min | Cooking time: 20 min

Ingredients

- 1 sweet potato, peeled
- 2 carrots, peeled
- 2 parsnips, peeled
- 1 large beetroot, peeled
- Sprigs of fresh rosemary or thyme
- Olive oil spray
- Sea salt




Method

Pre-heat oven to 190°C. Slice all the vegies into thin rounds. Spread them out on paper towels and blot dry, ensure they're as dry as possible.

Line a baking tray with foil and lightly spray with olive oil. Spread the vegies and herbs on the tray and spray them with olive oil and add a dash of salt. Bake for approx. 20 minutes, checking every 5 mins. to ensure they're not burning. Remove any that are brown and crispy before the others.

For more recipes, tips and ideas visit our [website](http://healthylunchbox.com.au)

healthylunchbox.com.au



LADIES
IS THE DRY WEATHER WEARING YOU DOWN??

YOU ARE INVITED TO A
 FREE WOMEN'S FRIENDSHIP MORNING TEA
 ON THURSDAY 26th SEPTEMBER AT 9.30am
 AT THE DUNEDOO BOWLING CLUB

A MORNING FOR WOMEN TO MEET, RELAX, CHAT, HAVE A CUPPA
 ENJOY LOCAL SPEAKERS JILL GOODMAN AND JOY BEAMES

FOR CATERING PLEASE RSVP TO ANY OF THE FOLLOWING
BY THURSDAY 19th SEPTEMBER

MAVIS LEESON DUNEDOO PHONE 63751245 0428751245
 WINSOME ROWBOTHAM DUNEDOO PHONE 63 751590 0428 751590
 JENNY LLOYD MENDOORAN PHONE 68 861261 0401 516748
 COLLEEN BEER NEILREX PHONE 68 863592
 JENNY TUNKS ELONG ELONG PHONE 6886 6205 0429 866205
 ROSA REYNOLDS COOLAH PHONE 63 774532 0428 774532
 JANE SUTTON COOLAH PHONE 63 774523
 JILL GOODMAN UARBRY PHONE 63 750431

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 & NEWCASTLE DIOCESE ANGLICAN WOMEN

DID YOU KNOW?

Pupil
Free
Day
Monday
14th
October
(First day of
Term 4)

Birthdays



Congratulations &
 Birthday Wishes to:
Elodie James