



www.stmichaelsdunedoo.catholic.edu.au

PHONE: 02 6375 1387 FAX: 02 6375 1490

Follow us on Facebook

Welcome to Term 3 Week 3 5 August, 2019 Our Catholic Value for this Term is Forgiveness.

WELCOME BACK SR MARGARET!

This week we celebrate the feastday of the co-founder of the Sisters of St Joseph, St Mary Mackillop. This is an important feastday for our school as we are very proudly a 'Josephite' school. Mary Mackillop has been, and continues to be, a remarkable role model for many Australians. She is after all, a patron **IMPORTANT DATES** saint of Australia.

Her words of wisdom still remain as inspirational today as they were almost 100 years ago.

'God grant that today may be a truly happy one rich in graces for your soul.

28th August 1896.

'Bear with the faults of others as you hope God will bear with you.' 2nd September 1906

Have patience with yourselves when you see that you have failed and patience with others when they seem to have done so. 16th February 1874

'Do not be afraid. Love one another, bear with one another, and let charity guide you in all your life.'

(From the last letter typewritten by Mother Mary herself. (12.1.1909)

We respect and embrace the Wiradjuri people of this region as the traditional custodians and cultural knowledge holders of this land.

Term 3 6th August **Mary Mackillop** Liturgy

9th August **Pupil Free Day**

28th & 29th August **School Play**

> 20th Sept **Mates Day**

Please mark on your calendar

MARY MACKILLOP LITURGY

We will be celebrating the feast day of St Mary Mackillop on Tuesday 6^{th} August at 10:15. All are welcome to celebrate this important day for our school and the Sisters of St Joseph.

NORTHERN REGION CARNIVAL

Congratulations to our Northern Region squad who competed in Dubbo last week. We were very proud of your sportsmanship, your efforts and your talents. Thank you to those parents who helped measure at the long jump, and encouraged our athletes. Thank you also to those who transported our students to Dubbo and back.

Our PP5 relay team go on to the Diocesan Carnival in Dubbo as well as Mads Gaden for 100m and Matilda Obst for High jump.

We also had a lovely phone call on Friday to tell us that we are the only school who has children that consistently says thank you to the organisers on the day and at the end of each event every year. Children you have made us very proud!

SECOND STEPS

Don't forget the meeting this Wednesday at 5:00pm. The staff will be undertaking professional development with Mel Fuller and Jen Wickham from the Bathurst Diocese during the day. Please remember it is a repeat of the first session and is for those who indicated that this was a suitable time.

LIFE EDUCATION

Life Education van will be visiting our school on Monday 12th August. The topics were in last week's newsletter. Please ask your child's teacher for further information. There is no cost to parents for this very important educational resource for our students.

CHANGE OF DATE FOR P&F MEETING

Please note the change in date to MONDAY 12TH AUGUST at 7pm.

MOORAMBILLA CHOIR

We wish Isaac Baker, Cooper Baker, Noah James and Jack Wentworth Brown all the best and know that they will have a wonderful time this week at Moorambilla Choir camp. We look forward to hearing about their adventures and what they have learned. Our girls attend next week.

Have a great week

Monica and Peta

School Fees: Going home the Newsletter today are Term 3 fees. Please remember to check your child's red folder.

MOORAMBILLA KIDS need your help! They have recently been asked to bring lots of avocado seeds to camp this week. A bit tricky at this late notice, but if your family are big avocado eaters please send in washed seeds to school and we will distribute amongst the children. Many thanks.

Inspired by the example set by St Mary MacKillop and Julian Tenison Woods, St Michael's Catholic School aims to foster a love of learning, allowing all children to reach their full potential through a supportive partnership of school, parents and parish.

This Week

Tuesday 6th August Mary Mackillop Liturgy 10:15 am

> 7th August Second Steps Parent Meeting 5:00pm

8th August Moorambilla Boys

9th August Pupil Free Day

Next Week

12th August Life Ed Van

THOUGHT OF THE WEEK



Photos of our Northern Region Team.











Not exactly what Mrs Dent envisioned but a nice place to chill in the



Student Background Data Collection

The Catholic Education Office, on behalf of our schools, is required annually to provide Student Background Data to the Australian Curriculum, Assessment and Reporting Authority (ACARA). This information is required to determine the Index of Community Socio-educational Advantage (ICSEA) for schools. ACARA will not disclose this personal information to any third party.

This notice is to advise you that ACARA has requested information about you and your child. The information disclosed to ACARA is your child's gender, date of birth, country of birth, indigenous status, background language, parental occupation and parental education. Students are not identified by name.

This information is disclosed to ACARA under the ACARA Act 2008 for one or both of the following purposes:

· formulating national reports consisting of aggregated data on school performance; and

AUSSIE OF THE WEEK Toby Turnbull



Congratulations Toby!

Toby has shown great sportsmanship and leadership this week particularly at the Northern Region Carnival yesterday. He was responsive to all the announcements made over the day and made sure others were in the right place. He thanked the people organising his event. You made our team manager very proud yesterday. Congratulations Toby.



Years K/1/2:

Mia Coe Lily Beer

Years 3/4:

Toby Turnbull Mads Gaden Georgia Coe Abi Whitten Harry Armstrong

Years 5/6:

Kurt Inder Matthew Rout Harry Beer

 assisting government to formulate policies in relation to education matters.

If you do not want your school to provide this information to ACARA, please advise your school within seven (7) days of receiving this notice.

COMMUNITY NEWS:



Principal's Country Road Trip Central Tablelands/North West/North Coast

MONDAY 12 AUGUST - WEDNESDAY 14 AUGUST

MUDGEE • DUNEDOO • COONAMBLE • WEE WAA • NARRABRI • GUNNEDAH • PORT MACQUARIE

The Principal, Ms Marina Ugonotti, together with Mrs Kate Kovacs, Director of Boarding, warmly invites current, past and future families, ex-students and friends of Loreto Normanhurst to join them on the third stage of the Principal's Country Road Trips 2019 at one of the events below.



RVSP for the Dunedoo lunch can be made up until the 12 August.

PARISH NEWS

WEEKEND MASS TIMES:

Coolah: Saturday 6pm Mendooran: 2nd & 4th 8am Elong Elong: 1st, 3rd, 5th

8am

Ballimore: 2nd & 4th 8am Dunedoo: Sunday 10am



DID YOU KNOW?

Pupil Free Day August



Nutrition Snippet

he simp<mark>√est w</mark>oy

... to make rainbow sushi.

Ingredients (serves 4)

- 1 ½ cups sushi rice
- 4 tbsp sushi vinegar
- 185g can of tuna, drained
- 1 tbsp mayonnaise 4 nori sheets (dried seaweed)
- Veg cut into thin strips ½ carrot, ¼ capsicum, ½
 - raw, peeled beetroot, 5cm cucumber, $\frac{1}{2}$ avocado

Method

Cook rice according to packet instructions. Fluff the rice with a fork and pour over the sushi vinegar. Stir well to combine. Spread the rice on a baking tray to cool. Mix the tuna and mayo together.

Lay a nori sheet on a bamboo sushi mat, shiny side down. With wet fingers, spread $\frac{1}{2}$ of the rice over $\frac{3}{2}$ of the sheet, leaving a $\frac{1}{2}$ of the sheet clear at the end furthest away from you. Place the tuna and veg across the rice. Using the bamboo mat, roll the sushi away from you stopping where the rice ends. Brush some water along the rice free nori and finish rolling, pressing gently to seal Repeat with the rest of the sheets. Dip a sharp knife in water and cut the sushi into pieces.

healthylunchbox.com.au